

ANNUAL REPORT 2025



For two decades, **Puente a la Salud Comunitaria** has worked in the state of Oaxaca to promote food sovereignty and strengthen the capacities of rural communities, fostering meaningful and sustainable improvements in their quality of life.

Our mission is to help build a world where families and communities live with dignity. Since 2022, our projects have prioritized a gender-focused approach, strengthening women as key drivers of transformation within their communities.



Our work

We respond with flexibility and innovation to the needs and priorities of rural communities. Our integrated approach is organized around three strategic areas: Social Economy, Sustainability, and Nutrition & Health. The synergistic interaction of these areas influences multiple dimensions of participants' lives, ensuring that the development of one skill can inspire tangible and lasting change over time.

Strategic Alliance

Since 2022, we have maintained a **strategic partnership with SiKanda**, focused on the exchange of resources, methodologies, and lessons learned. This collaboration strengthens our institutional capacities and expands our impact in promoting human rights and reducing inequalities.

Women, children, and youth from the eastern area of Zaachila, in Oaxaca's Central Valleys, participate in projects led by both organizations. This allows us to accompany individuals through different stages of life, and even across generations, supporting comprehensive and sustained interventions.

As part of this partnership, we hold two annual internal training sessions to strengthen skills, share knowledge, and reinforce our commitment to community-based work. We have also integrated complementary methodological approaches: Puente incorporates SiKanda's cross-cutting approaches, while projects with women integrate the collective savings methodology of the MARES program.

SOCIAL ECONOMY

Through savings-based tools, women develop skills in financial education, product development, alternative economies, community leadership, solidarity, and collaboration, enabling them to generate solutions to the immediate challenges faced by their communities.

SUSTAINABILITY

We promote a balance between economic, social, and environmental goals through participatory processes. Participants in our initiatives design their own development pathways, strengthening both their microenterprises and collective networks.

NUTRITION & HEALTH

We promote nutritional literacy as a foundation for holistic well-being. We believe that all families have the right to understand their food systems and to access healthy, culturally appropriate foods.

MARES

Women Saving in Solidarity Networks



Through biweekly meetings, women, primarily mothers, find a collective space that strengthens their well-being and quality of life through the practice of saving. In these gatherings, participants not only acquire financial skills but also exchange and learn practices to improve the nutrition and health of their families.

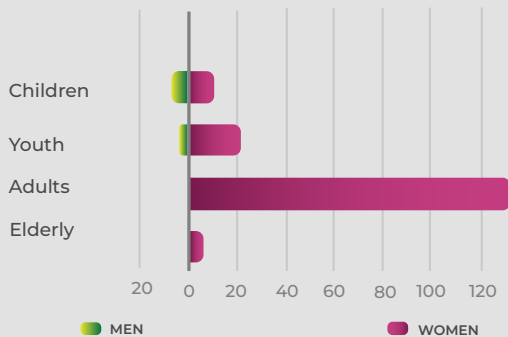
Within MARES, savings are generated through the purchase of stocks, whose value is determined by each group. Participants manage their own funds, creating spaces of trust, solidarity, mutual support, and autonomy.

The project includes a self-managed microcredit system with low interest rates established by the participants themselves. This enables women to invest in small projects that improve their living conditions. The interest generated is returned to the group, ensuring that the benefits of collective effort remain within neighborhoods and communities through initiatives such as community dispensaries, school services, small businesses, and other local improvements.

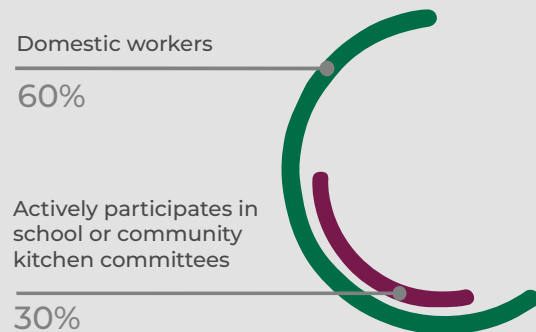
In addition, each participant contributes to a solidarity fund that provides support to fellow members facing unforeseen circumstances, ranging from serious illnesses to damage to their homes.

158 WOMEN

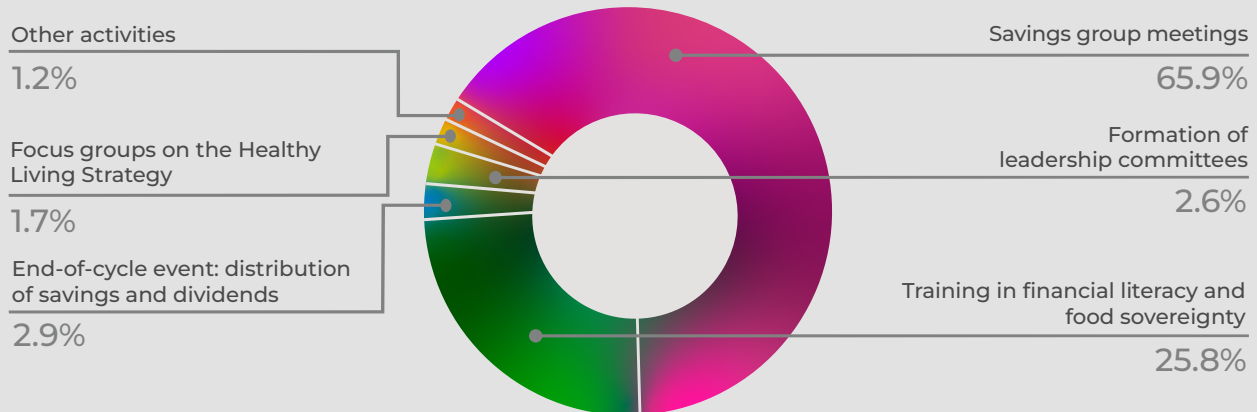
organized into **11 savings groups**: 6 in the eastern area of Zaachila and 5 in the Mixteca region.



PARTICIPANTS BY GENDER AND AGE



PARTICIPANTS PROFILE



MARES ACTIVITIES DURING 2025

40 Participants have started or strengthened a small business.

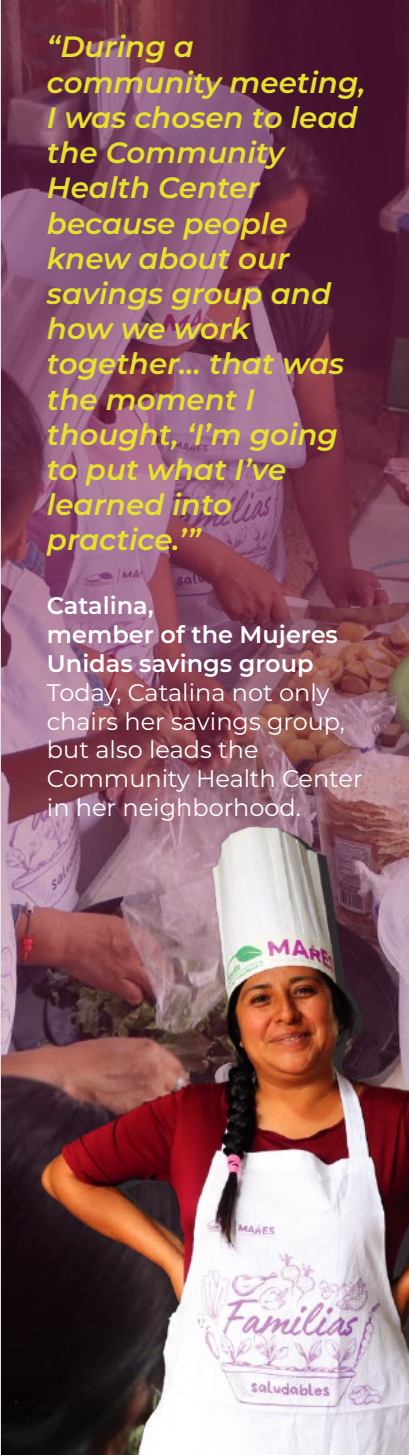
80% of participants improved their families' dietary diversity.

An average of **41** microloans were issued per savings group.

The final share value increased by an average of **12%** at the end of each cycle.

The percentage of participants who met or exceeded their savings goals increased from **37%** in 2024 to **60%** in 2025.

70% reported increased economic autonomy.



“During a community meeting, I was chosen to lead the Community Health Center because people knew about our savings group and how we work together... that was the moment I thought, ‘I’m going to put what I’ve learned into practice.’”

Catalina, member of the Mujeres Unidas savings group Today, Catalina not only chairs her savings group, but also leads the Community Health Center in her neighborhood.

Healthy Families and Healthy Water

Prior to savings group meetings, women participate in training sessions regarding entrepreneurship, healthy cooking, eco-technologies for backyard vegetable production, and the construction of greywater filtration systems applied to their household.

Rojas Sustainability Center

The Open Classroom in Rojas de Cuauhtémoc is a dynamic learning space and farm-laboratory that promotes education in sustainable development, human rights, and community leadership.

The site currently features:

- ◆ Three agroecological cultivation systems.
- ◆ Energy autonomy through solar power.
- ◆ Water autonomy through rainwater harvesting (40,000 liters), composting toilets, and hydrological farm design.

Over the past five years, this space has served as a center for research, training, and demonstration of replicable agroecological technologies, promoting sustainable practices and strengthening collaborative networks with organizations, schools, and the broader public.

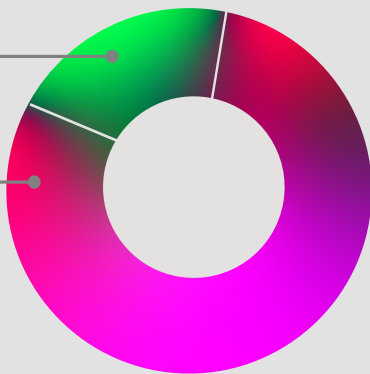
OUR FINANCES

International Foundations

78.2%

Individual Donors

21.8%



PUENTE A LA SALUD COMUNITARIA
501 (c)(3) organización registrada en EUA

Local Foundations

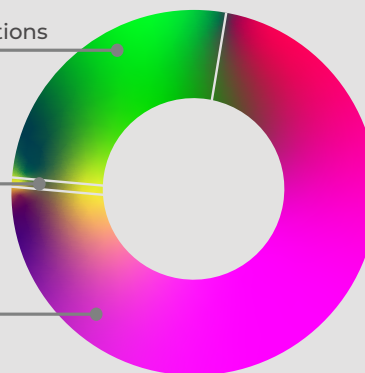
23.7%

Individual Donors

0.7%

International Foundations

75.7%



PUENTE A LA SALUD COMUNITARIA
Civil Society Organization

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